

Kiwanis Family in
Support of
Jump Kids Jump Movement®



Join the Jump Kids Jump Movement®

Visit www.jumpkidsjump.org and sign up to become a member of the Movement. In that way, you are alerted regularly of new education resources, information, movement activities, special events, and trainings.

The website is also the location to purchase Jump Kids Jump Movement® resources.

The “Get Jumpin’ DVD.

This 13 minute DVD can be purchased off of www.jumpkidsjump.org for \$12.00. The DVD features the Jump Kids Jump Movement® ambassadors, the Indy Airbears jump rope team, and provides a visual illustration of the jump rope skills reviewed in the recreation-based curriculum and the school-based curriculum.

The official Jump Kids Jump Movement® jump rope. This rope is available for \$2.50/rope and can be purchased in quantities as indicated on the website. Consider requesting that the name of your organization be added to label on the jump rope packaging when you purchase jump ropes in quantities.

The Jump Kids Jump Movement® school-based curriculum. This curriculum meets Indiana State Physical Education standards and is packaged as a kit that includes curriculum, the DVD and sample jump rope. The Cost is \$30.

The official Jump Kids Jump Movement® T-shirt. Use the T-shirts as incentives to children and teens who earn the shirts for accomplishing their rope jumping skills or provide the shirts for children and teens participating in local jump rope teams. T-shirts cost \$12.00 each.

NOTE: When purchasing Jump Ropes, each order will be personalized with one entity name.

Download the FREE recreation-based Jump Kids Jump Movement® curriculum. Download the free recreation-based Jump Kids Jump Movement® curriculum (that overviews basic and more advanced jump rope skills) and give the copy to a local after school program for children or teens. The curriculum serves as a useful reference to adult leaders, mentors, and educators who convene children/teens together regularly in after school programs or alternative recreation based settings.

Jump Kids Jump Movement® started as a vision. Past Governor Pat Hawkins and Dr. Karen Stroup, with Riley Hospital for Children were dedicated to getting this idea to become reality.

The Jump Kids Jump Movement® is a statewide effort to encourage kids of all ages and abilities to get more active by jumping rope. Through the Jump Kids Jump Movement, communities statewide are provided with access to a wide variety of resources to help promote interest and develop skills in jumping rope.

The Jump Kids Jump Movement® have been led by Clarian Health in partnership with a variety of local, state, and national organizations all committed to improving the health of kids. Partners help contribute to the movement by using means that they already have in place and assist in getting the word out to the community and beyond. A grant from the Indiana State Department of Health led to the development of the school based curriculum.

Items such as the neon green Jump Kids Jump Movement® overview sheets, the buttons, the pencils and are all items that the Indiana District of Kiwanis District office has purchased or have put together. These are not linked directly to the Jump Kids Jump Movement® and cannot be obtained from the website. There are not infinite supplies of these items. If any group would want quantities to hand out at a festival or event, purchase of these items would have to be discussed or be put into the budget for your group.

If any club or Division would want to have an event, exhibit or presentation for the Jump Kids Jump Movement®, they would need to contact the District Office at 877-883-5974.

Support Jump Roping in Your Community by doing the following:

- Buy jump ropes for children at a specific school, church, or youth organization in your community.
- Purchase the school-based Jump Kids Jump Movement® curriculum and provide the copy to a school in your community.
- Download the recreation-based Jump Kids Jump Movement® curriculum to give to youth groups and organizations in your community.
- Purchase the “Get Jumpin’” DVD as a complement to either the school-based or recreation based Jump Kids Jump Movement® curriculum.
- Support the start-up of a jump rope team in your community by convening kids regularly to practice jumping rope. Encourage and reward kids for meeting their practice goals. Track the progress of kids by using the evaluation tools in both Jump Kids Jump Movement® curricula.